



# Holy Family

## Ukrainian Catholic Church

Українська Католицька Церква Пресвятої Родини  
1001 Grant Avenue, Winnipeg MB R3M 1Y3 204-453-4653, fax 204-452-2332



*Our Mission is to be responsible, trustworthy and faithful stewards of God's gifts by living out the Gospel of Jesus Christ through the catechism and spirituality of the Ukrainian Catholic Church.*

**Sunday Before the Exaltation of the Holy Cross 13 Вересня | September 13, 2020**

**Website:** [holyfamilychurch.wordpress.com](http://holyfamilychurch.wordpress.com)

**Parish Office Hours,** Tue - Fri : 10:00 am - 3:30 pm

**Pastor** - Fr John Mostivsky: 204-453-4653

**Email:** [jmostivsky@shaw.ca](mailto:jmostivsky@shaw.ca)

**Office Manager** - Joe Kulyk: 204-453-4653

**Email:** [holyfamilyparishoffice@gmail.com](mailto:holyfamilyparishoffice@gmail.com)

**Liturgical Sunday Schedule:** Weekdays  
10:00 am (English) Tue - Thu 10:00 am

**Sacrament of Reconciliation (Confession)**

Sundays before Liturgy & by appointment  
Rosary / Confession Tue - Thu 9 am / Fri 6:30 pm

**Sacrament of Baptism & Chrismation**

by appointment with the Pastor

**Sacrament of Holy Matrimony (Marriage)**

by appointment with the Pastor - 9 months in advance

**Funerals** - by appointment with the Pastor

**Parish Auditorium** - 204-452-2332

**Parish Pastoral Council**

Jim, Antonick, Chair - 204-489-8482

**Catechism Coordinator** - Call parish Office

**Youth Coordinator** - Call the Parish Office

**K of C** - Zenon Scraba, GK - 204-453-2949

**UCWLC** - Merna Furkalo, President - 204-257-1535

**Club 55+** Stella Hyska, President - 204-489-6425

**Queen of Peace Prayer Group**

Leonard Terrick 204-269-4696

**Pastoral Care** - Linda Marak 204-895-8478

**Слава Ісусу Христу! - Glory to Jesus Christ!**  
**Слава На Віку! - Glory For Ever!**



September 14th

**September 13, 2020**

Epistle-Апостол :Galatians 6:11-18

Gospel-Євангелія: John 3: 13-17

Please Pray for the Sick and Shut-Ins of our Parish: Просимо пам'ятати про хворих нашої парафії:

**We pray in hope that  
God's healing power may  
touch those parishioners  
who are sick.**

**We ask Mary for her  
intercession in healing  
the sick.**

Linda Marak  
204-895-8478



**Day one. One Day.  
You Decide!**

### **Spiritual Communion Prayer**

My Jesus

I believe that You are present in the  
Most Holy Sacrament

I love You above all things and I  
desire to receive You into my soul

Since I cannot at this moment  
receive You sacramentally,

Come at least spiritually into my  
heart.

I embrace You as if You were  
already there and unite myself  
wholly to You

Never permit me to be separated  
from You.

*Please remember  
Holy Family Parish  
in your will!!*

### **SUNDAY COLLECTION**

**НЕДІЛЬНА ТАЦА**

**September 6, 2020**

25 Envelopes - \$2,450

Church Maintenance - \$420

Vigil Lamps - \$20

Holy Spirit Seminary - \$20

Blessing Candles - \$20

Debit Program for Sep(30) -\$3,651

**Дякуємо за вашу щедрість!  
Thank you for your generosity!**

**Sign up for the debit program.**

**Forms are on the website under  
"forms", also available in the narthex**



**Designated protected work area for  
lift entrance into the Church**

## Служби Божі / Divine Liturgies

Day	Date	Time	Intention
Sun	Sep 13	10:00 am	Wedding Anniversary blessing 60 yrs for Violet and Casper Stoski
Tue	Sep 15	10:00 am	† Peter Marak by Michael and Linda Marak
Wed	Sep 16	10:00 am	Eric Seniuk by Vicky , Brian and family
Thu	Sep 17	10:00 am	Thanksgiving to God for all His blessings for Ned and Yvonne Derkach
Fri	Sep 18	10:00 am	No service
Sun	Sep 20	10:00 am	Knights of Columbus Members and their families

### UCWL News

**Thank You** to the ladies who helped in preparing cabbage for holubtsi: Vicky Adams, Pat Antonick, Yvonne Derkach, Hazel Borodey

*- Merna Furkalo, President*

Vigil Lights	Icon of Mary	Icon of Jesus
Sep 13-19	Birthday Blessing for Ann Shewchuk (95 years) by Violet and Casper Stoski	Birthday Blessing for Ann Shewchuk (95 years) by Violet and Casper Stoski
Sep 20-26	Congratulations to Marta & Nicholas, new parents on the arrival of their son, Lev Ivan. A child is a precious gift from God. May his blessings be with you and your little one today and always by Holy Family Parishioners	Proud Grandparents! Congratulations to Fr John and Dobrodiyka on your new grandson Lev Ivan. May God bless him with good health, happiness, and prosperity throughout his life” by Holy Family Parishioners

## FEAST OF THE EXALTATION OF THE HOLY CROSS (Sep14th)



“We bow before Your Cross, O Master, and we glorify Your Holy Resurrection” (Hymn for the Feast) On the Gregorian calendar, we celebrate the Feast of the Exaltation on September 14th and on September 27th on the Julian calendar. According to Christian tradition, the True Cross was discovered in 326 by Saint Helena, the mother of the Roman Emperor Constantine the Great, during a pilgrimage she made to Jerusalem. The Church of the Holy Sepulchre was then built at the site of the discovery, by order of Helena and Constantine. The church was dedicated nine years later, with a portion of the cross. One-third remained in Jerusalem, one-third was brought to Rome and deposited in the Sessorian basilica Santa Croce in Gerusalemme (Holy Cross in Jerusalem), and one-third was taken to Constantinople to make the city impregnable, to protect the city. The date of the feast marks the dedication of the Church of the Holy Sepulchre in 335. The actual consecration of the church was on September 13, the cross itself was brought outside the church on September 14 so that the clergy

and faithful could pray before the True Cross, and all could come forward to venerate it. The Cross of Christ is a symbol of victory. Jesus Christ our Lord overcame the powers of sin, death, and evil by His self-sacrificial act of Love on the cross. The Totally Innocent One takes upon Himself the sin of the world. By His Cross and Resurrection, Our Lord and Savior opens wide the doors to the Heavenly Kingdom. He conquered death by His death and granted life to the faithful ones who with God’s grace lived according to the Holy Will of Our Heavenly Father. We Christians today are called to walk in the footsteps of Our Master, to carry one’s personal daily with love and patient endurance. The Cross of Christ is an act of Love: “No one has greater love than this, to lay down one’s life for one’s friends.” (John 15:13) And the Lord God then goes on to tell us: “You are my friends if you do what I command you.” (15:14) Our Lord regards us as “friends”, not slaves of a master. We all are indeed children of God. We all are brothers and sisters in Christ.

Source: The Way, Sep 6, 2020

**Fr. John's and Dobrodiyka  
Grandson Lev John.**

***Our little baby boy LEV is  
finally here!***

Hi! My name is Lev John Marouchak. I was born at 8:17 AM on Friday, 4 September 2020. Weighing 3.07kg (6.8 lbs) and Measuring 49cm. (19.3 inches) Lev is named after prince Lev, son of King Danylo Halicki, back in 1290, King Danylo founded and named the city of Lviv after his son, Prince Lev. John is my dad's name. I was born in Lviv, Ukraine.

**Attention  
Brother Knights!**

**There is a change to the  
ICCD Tickets:**

**One Ticket - \$5.00  
Three Tickets - \$15.00**

**Any Questions call:**

Grand Knight Zenon Scraba  
204-453-2949

or ICCD Chairman

Bro. Bill Woroschuk 204-889-5649  
or Bro. Rick Duchnycz 204-269-6695

***Life In The Spirit  
Seminar***

**September 24th to  
November 12, 2020**

**Enrich your Spirit**

**8 Total sessions on Thursday  
evenings from 6:45 to 7:30 pm  
Holy Family Ukrainian Catholic  
Church 1001 Grant Avenue,**

**REGISTRATION LIMITED TO 20 PEOPLE**

**To register,** or if you have any  
questions, please contact:

Leonard Terrick 204-227-6911

email [lterrick@mymts.net](mailto:lterrick@mymts.net)

Marianne Derkach

204-284-4976

Hazel Borodey 204-837-7179

Email: [nborodey@mymts.net](mailto:nborodey@mymts.net)



**Divine Liturgy of  
St John Chrysostom book on  
sale every Sunday in the  
narthex Cost : \$10.00  
Colour: Burgundy, Also  
available at the Parish Office**

## ANNOUNCEMENTS - ОГОЛОШЕННЯ

**Sep 30** - The Canon Luhovy Assembly Ukrainian Educational Foundation **BURSARIES FOR THE 2020-2021 ACADEMIC YEAR**. Return completed Bursary Application forms to "Canon Luhovy Assembly Ukrainian Educational Foundation, 115 Regatta Rd., Winnipeg, MB R2G 2Y7" , no later than Sept. 30, 2020.

**Nov 1** - **ST JOHN'S HAVEN HAS a 2 BEDROOM APARTMENT AVAILABLE**, for a couple 60 plus years of age. Available for Nov 1st, 2020. Contact Gary at **204-284-2422**

### Pope Francis: We are stewards called to share earth's fruits

The Pope explained that it is Christ who "helps us to navigate the tumultuous waters of sickness, death and injustice, which do not have the last word over our final destination." Continuing his catechesis on Healing the World, the Holy Father focused on the universal destination of goods and the virtue of hope. Pope Francis: We cannot go back to old ways after the pandemic Pandemic and social inequalities Pope Francis went on to note that many social inequalities have been "highlighted and aggravated" by the pandemic. Many children are unable to continue receiving their education while many others instead can; some people are unable to continue their work from home, but many others can; and many nations cannot issue money to deal with the emergency without harming their financial future, while others can. "These symptoms of inequality reveal a social illness. It is a virus that comes from a sick economy...the result of unequal

economic growth, which disregards fundamental human values." "In today's world, very few rich people possess more than the rest of humanity. It is an injustice that cries out to heaven!" This "sin of wanting to possess and dominate our brothers and sisters...nature and God Himself...is not the design of creation", said the Pope."With our gaze fixed on Jesus and with the certainty that His love is operative through the community of His disciples, we must all act together in the hope of generating something different and better. Christian hope, rooted in God, is our anchor. It moves the will to share, strengthening our mission as disciples of Christ, Who shared everything with us." Finally, Pope Francis invited the faithful to "think about the children", so many of whom are suffering due to this unjust economic system. Many are dying, hungry, lacking the opportunity to an education. After the crisis, he stressed, we must be better. Source: The Way, Sep 6, 2020 (Abridged )

Announcing a NEW MINISTRY

# *"We Are Neighbours"* Tri-Diocesan Community Chaplaincy

for prisoners returning to community,  
their partners and families.

*"And which of these do you think was a neighbour?  
The one who showed mercy." Luke 10:36-37*



*STARTS*

Neighbours gathering  
**Sept. 15**

*Where are we?*

Chaplain Greg  
**Sept. 17**

*STARTS*

*We Are Neighbours*  
"WEST END" Site

**TUESDAYS**  
6 - 8:30 PM

548 Home Street  
St. Kateri Church

*We Are Neighbours*  
"ELMWOOD" Site

**THURSDAYS**  
6 - 8:30 PM

460 Munroe Avenue  
Holy Eucharist  
Parish Centre

*You can contact us*

Chaplain Greg Dunwoody 204-232-2502 [chaplain.wan@mymts.net](mailto:chaplain.wan@mymts.net)



— ARCHDIOCESE OF —  
**WINNIPEG**



Archidiocèse de  
**Saint-Boniface**  
Archdiocese



UKRAINIAN  
CATHOLIC  
ARCHEPARCHY  
OF  
WINNIPEG

# What Does Your Heart Reveal?

LORD, help me control my tongue; help me be careful about what I say.”

Psalm 141:3

How does God help us manage our mouth? By going directly to the source: the heart.

Have you ever said, “I don’t know what got into me—I’m not that kind of person”? Well, the truth is, it wouldn’t be coming out of your mouth if it wasn’t in your heart first.

In other words, it’s not your mouth that gets you in trouble; it’s your heart! The stuff that’s inside of you is what comes out. The Bible says, “*Whatever is in your heart determines what you say*” (Matthew 12:34).

Your words demonstrate your heart’s condition. That means that someone with a harsh tongue is demonstrating an angry heart. Someone who brags a lot is revealing an insecure heart.

A person who is overly talkative has an unsettled heart. Critical words reveal a bitter heart.

On the other hand, when you share encouraging words with others, it reveals a joyful heart. When you offer gentle words to people when they’re down, it shows you’ve got a loving heart.

If you say kind and comforting words to people, it shows you’ve got a heart of peace. What you say shows what you’re like on the inside.

Contamination can only be eliminated at the source. When God helps you control your mouth, he changes you from the inside out.

God specializes in heart transplants and is ready to transform anyone who comes to him, no matter what has happened in their past.

Source: Rick Warren