



Holy Family



Ukrainian Catholic Church
Українська Католицька Церква Пресвятої Родини
1001 Grant Avenue, Winnipeg MB R3M 1Y3 204-453-4653, fax 204-452-2332

Our Mission is to be responsible, trustworthy and faithful stewards of God's gifts by living out the Gospel of Jesus Christ through the catechism and spirituality of the Ukrainian Catholic Church.

25th Sunday after Pentecost

22 Листопада

November 22, 2020

Website: holyfamilychurch.wordpress.com

Parish Office Hours, Tue - Fri : 10:00 am - 3:30 pm

Pastor - Fr John Mostivsky: 204-453-4653

Email: jmostivsky@shaw.ca

Office Manager - Joe Kulyk: 204-453-4653

Email: holyfamilyparishoffice@gmail.com

Liturgical Sunday Schedule: Weekdays

Sundays 10 am (English) Tue - Thu 10: am

Ukrainian Liturgy - TBA

Sacrament of Reconciliation (Confession)

Sundays before Liturgy & by appointment

Rosary / Confession Tue - Thu 10 am

Sacrament of Baptism & Chrismation

by appointment with the Pastor

Sacrament of Holy Matrimony (Marriage)

by appointment with the Pastor - 9 months in advance

Funerals - by appointment with the Pastor

Parish Auditorium - 204-452-2332

Parish Pastoral Council

Jim, Antonick, Chair - 204-489-8482

K of C - Zenon Scraba, GK - 204-453-2949

UCWLC - Merna Furkalo, President - 204-257-1535

Club 55+ Stella Hyska, President - 204-489-6425

Catechism - TBA

Queen of Peace Prayer Group

Leonard Terrick 204-269-4696

Pastoral Care - Linda Marak 204-895-8478

Слава Ісусу Христу! - Glory to Jesus Christ!

Слава На Віку! - Glory For Ever!



Post-feast of Presentation of BVM

November 22, 2020

Epistle-Апостол :Ephesians 4:1-6

Gospel-Євангелія: Luke 10: 25-37

Please Pray for the Sick and Shut-Ins of our Parish: Просимо пам'ятати про хворих нашої парафії:

**We pray in hope that
God's healing power may
touch all our parishioners
who are sick.**

**We ask Mary for her
intercession in healing
the sick.**

Linda Marak
204-895-8478



Spiritual Communion Prayer

My Jesus
I believe that You are present in the
Most Holy Sacrament
I love You above all things and I
desire to receive You into my soul
Since I cannot at this moment
receive You sacramentally,
Come at least spiritually into my
heart.
I embrace You as if You were
already there and unite myself
wholly to You
Never permit me to be separated
from You.

SUNDAY COLLECTION НЕДІЛЬНА ТАЦА November 15, 2020

Envelopes - \$100
Church Maintenance - \$40
Vigil Lamps - \$5

**Дякуємо за вашу щедрість!
Thank you for your generosity!**

Sign up for the Debit
Program.. Forms are on the
website under "forms"

HEAD OF THE UKRAINIAN CATHOLIC CHURCH ASKS FOR PRAYERS

Beatitude Sviatoslav, father and Head of the Ukrainian Greek Catholic Church, has asked for Prayers for the Doctors, Nurses and Patients of the Covid 19 Epidemic. "I take to heart the request of Medical Workers for Prayer and express hope that the faithful in all Eparchies will continue to offer their Prayers to God for Medical Workers and all who are sick because of the Pandemic"

Служби Божі / Divine Liturgies

Day	Date	Time	Intention
Sun	Nov 22	10:00 am	Thanksgiving to God for all His blessings for the Myk family
Tue	Nov 24	10:00 am	No Service due to Covid
Wed	Nov 25	10:00 am	No Service due to Covid
Thu	Nov 26	10:00 am	No Service due to Covid
Fri	Nov 27	10:00 am	No Service - Відправа не буде
Sun	Nov 29	10:00 am	God's blessing and health for Elsie Stecy on her retirement after 29 years of Church cleaning by Holy Family Parish Pastoral Council

LIVE STREAMING OF THE DIVINE LITURGY - every Sunday at 10am

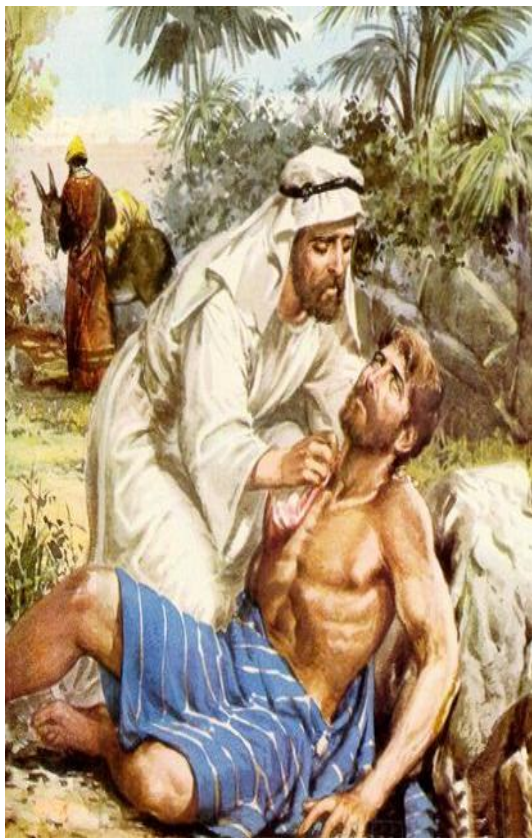
"Do what you feel in your heart is right - for you'll be criticized anyway"

Eleanor Roosevelt

Vigil Lights	Icon of Mary	Icon of Jesus
Nov 22-28	† Stella Suchynski by Roxanne Warniski & family	† Stella Suchynski by Roxanne Warniski & family
Nov 29-Dec 5	Thanksgiving to God for all His blessings for the Myk family	Pray for the Beatification of The servant of God venerable Metropolitan Andrey Sheptytsky

ATTENTION - Our church is operating under CODE RED restrictions as mandated by the Province Manitoba. The church will be closed until further notice.

The Good Samaritan 25th Sunday after Pentecost



The character of the good Samaritan is, of course, an image of Christ in many ways. The same religious leaders who rejected and despised Him ignored the true needs of the people before God. Purely out of love for us, Christ came to bind up our wounds as those corrupted by sin and enslaved to death. Out of compassion, He nourishes us back to health with His own Body and Blood and anoints us with holy oil for forgiveness and strength. He makes us members of the Church, the inn where we continue our recovery through His ongoing grace and mercy through the Holy Mysteries. He Himself forgives our sins every time that we humbly repent in Confession. The only limits to our healing are those which we place on ourselves, for there is no boundary to His transforming love for those He created in His image and likeness.

Power of the Holy Rosary: The rosary is God's gift to us, an important and powerful means of prayer. At Fatima and at other apparitions throughout the world, the Blessed Mother repeatedly requested the recitation of the rosary to obtain peace for the world and conversion of sinners. As obedient and loving children of Our Blessed Mother, we should honour and fulfill her requests. In the words of St. Padre Pio, the rosary is "the weapon for our time". Let us, therefore, arm ourselves with the rosary to combat the pernicious evils of our times, such as abortion, homosexuality, dismemberment of babies, immorality, satanic worship, and blasphemies against God and His Holy Mother. We are in a spiritual warfare "not against flesh and blood, but against principalities, powers of darkness, and spiritual forces of wickedness on high" (Ephesians 6:12). Therefore, we must be faithful and courageous soldiers of Jesus Christ. In this spiritual battle, let us always rely and invoke the guidance and powerful assistance of St. Michael the Archangel and all the angels.

What Makes You Vulnerable to Temptation?

“Above all else, guard your heart, for everything you do flows from it.”
Proverbs 4:23.

If you want to be able to fight the persistent temptations in your life, you need to know what makes you vulnerable to Satan’s efforts.

Ephesians 4:27 says, *“Do not give the devil a foothold”*. Don’t give Satan a place in your life to start leveraging your weaknesses and get you messed up.

What’s the most common foothold you can give Satan that allows him to push all these temptations? It’s any negative emotion. Anytime you have a negative emotion, you’ve just given Satan a foothold in your life, and you’re going to be more vulnerable than at any other time to temptation. That’s why the Bible says in Proverbs 4:23, *“Above all else, guard your heart, for everything you do flows from it”*.

Your heart sits at the center of your emotions. But to defeat temptation, don’t focus on your behaviour and what you’re about to do. Instead, identify the thoughts you’re having and the feelings that come out of those thoughts.

That’s how Satan hooks you—not with your behavior but with your thoughts. He plays with your emotions every day of your life. He hooks your feelings. He is a master manipulator of your moods. Satan gets certain emotions stirring by influencing your thoughts and causing you to doubt God’s Word.

Once he’s got you emotionally involved, you’re cooked. When your emotions have kicked in, the behaviour is going to happen. Satan knows your negative emotions will lead you to sin.

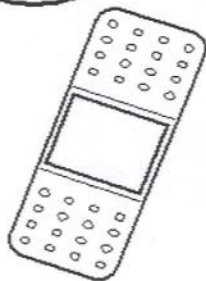
You are far more vulnerable to temptation when you’re experiencing negative emotions. Satan knows what they are and will work them for your destruction. Shouldn’t you know what they are, too?

The only way you’ll be able to fight any persistent temptation in your life is to identify the emotions that make you vulnerable. Then, refocus your mind on God’s Word so that you can replace those negative emotions with God’s love.

~Rick Warren

Good Samaritan Word Search

P A S S E D Q A S K N P P J E
R K A J T R B B Q R A R L J E
N O I S S A P M O C T I E O L
I S D S M N L B N P I E H U S
N G W O E K H O A G R S S R E
N E N T O G J R V O A T B N V
J E A O I G A A Q E M G P E E
Y E V E R B B A N D A G E Y I
B F N B L E E R H T S Z K J H
L I V E B V D S R E B B O R T



bandage
beaten
compassion
good
help
ignored
inn
Jews
journey
live

love
money
neighbor
parable
passed
priest
robbers
Samaritan
thieves
three



Read Luke 10: 25-37
For the parable of
the Good Samaritan

Learn to Relax in Your Limitations

“We have this treasure from God, but we are like clay jars that hold the treasure. This shows that the great power is from God, not from us.”

2 Corinthians 4:7

You’re always going to get discouraged when you try to be a superhero and do more than is humanly possible. You need a more realistic view of yourself: You can’t fix everybody’s problems. You can’t be in more than one place at one time. You can’t do everything you want to do. You can’t spend money you don’t have.

You need to learn to relax in your limitations. Anytime you live outside of the limitations of your life, you’re going to get discouraged. It’s easier to fill your schedule than it is to *fulfill* your schedule. It’s always easier to get in than it is to get out. It’s easier to make a promise than to keep a promise. It’s always easier to get into debt than it is to get out of debt.

Often the first signs of overextending show up in your body. The apostle Paul says in 2 Corinthians 4:7, *“We have this treasure from God, but we are like clay jars that hold the treasure. This shows that the great power is from God, not from us”* (NCV). In other words, you need to know your limits. You need to recognize your warning signs when you’re overextended and realize you’re just the vessel and God is the power.

Our bodies are like clay jars—we’re all a little cracked because we’ve all been dropped here and there. But God often puts his greatest gifts in the weakest people, and that gives us the opportunity to point back to Him and say, “That’s got to be God. That could have only happened through God’s power.”

Throughout history, God has used flawed instruments to put his glory on display. Nothing would get done if God only used perfect people, because there aren’t any!

You may think it’s best to hide your weaknesses, but God wants to use them in your life. But first, you’ve got to recognize and respect your limitations. Then, you trust in God’s power and not your own to accomplish his purpose for you.

~Rick Warren

Answers to Ukrainian Quiz from Sunday Bulletin November 15th

1. Name 2 Manitoba premiers of Ukrainian descent Hon Garry Filmon and Rt. Hon. Edward Schreyer
2. A Ukrainian musician who composed "Taking Care of Business" Randy Bachman
3. A Ukrainian politician who first thought of creating a multicultural festival for Winnipeg known as "Folklorama" Stephen Juba
4. First Metropolitan of Ukrainian Catholics in Canada Metropolitan Maxim Hermaniuk
5. Ukrainian journalist and author of "Natashas" on human trafficking Victor Malarek
6. Ukrainian NHL coach whose relative is a member of Holy Family Parish Barry Trotz
7. First female Ukrainian Canadian astronaut Roberta Bondar
8. Ukrainian hockey star known as "The Great One" Wayne Gretzky
9. Name 2 Canadian Governor Generals of Ukrainian descent Rt. Hon. Ramon Hnatyshyn and Rt. Hon. Edward Schreyer
10. First Ukrainian Senator who was a member of Holy Family Parish and whose relatives are active members of the parish Senator William Wall, (Wolochatiuk)
11. First Bishop for Ukrainian Catholics in Canada Bishop Nykyta Budka
12. A Ukrainian Catholic priest and survivor of the Nazi death camp who produced the Ukrainian Catholic newspaper, "Progress" (Postup) Fr. Semen Izyk
13. Holy Family parishioner who was a member of the Board of Directors of the Bank of Canada whose family is currently active members Walter Dubowec
14. Former Justice of the Supreme Court of Canada of Ukrainian descent Justice John Sopinka
15. Member of Holy Family Parish who wrote and produced the musical "Strike" Danny Schur
16. Name 2 Ukrainian Catholic clerics who saved many Jews during the Holocaust and were awarded the title of "Great Among Gentiles" by the Jewish community Metropolitan Andrei Sheptytsky and Fr. Emilian Kowch
17. Ukrainian heart surgeon who performed new operative procedures; pacemaker implants, heart valve surgery and coronary bypass grafting Dr. Jaroslav Barwinsky
18. A Ukrainian Canadian Senator who was called the "Father of Multiculturalism" Senator Paul Yuzyk
19. Ukrainian architect who won a prize at the New York Exhibition for his design of Holy Family Church Radoslav Zuk
20. What was Alex Trebek's Ukrainian name Terebaychuk