



Holy Family

Ukrainian Catholic Church

Українська Католицька Церква Пресвятої Родини
1001 Grant Avenue, Winnipeg MB R3M 1Y3 204-453-4653, fax 204-452-2332



Our Mission is to be responsible, trustworthy and faithful stewards of God's gifts by living out the Gospel of Jesus Christ through the catechism and spirituality of the Ukrainian Catholic Church.

20th SUNDAY AFTER PENTECOST

18 ЖОВТНЯ

October 18, 2020

Website: holyfamilychurch.wordpress.com

Parish Office Hours, Tue - Fri : 10:00 am - 3:30 pm

Pastor - Fr John Mostivsky: 204-453-4653

Email: jmostivsky@shaw.ca

Office Manager - Joe Kulyk: 204-453-4653

Email: holyfamilyparishoffice@gmail.com

Liturgical Sunday Schedule: Weekdays

Sundays 10 am (English)

Tue - Thu 10: am

Ukrainian Liturgy - TBA

Sacrament of Reconciliation (Confession)

Sundays before Liturgy & by appointment

Rosary / Confession Tue - Thu 10 am

Sacrament of Baptism & Chrismation

by appointment with the Pastor

Sacrament of Holy Matrimony (Marriage)

by appointment with the Pastor - 9 months in advance

Funerals - by appointment with the Pastor

Parish Auditorium - 204-452-2332

Parish Pastoral Council

Jim, Antonick, Chair - 204-489-8482

K of C - Zenon Scraba, GK - 204-453-2949

UCWLC - Merna Furkalo, President - 204-257-1535

Club 55+ Stella Hyska, President - 204-489-6425

Catechism - TBA

Queen of Peace Prayer Group

Leonard Terrick 204-269-4696

Pastoral Care - Linda Marak 204-895-8478

Слава Ісусу Христу! - Glory to Jesus Christ!

Слава На Віку! - Glory For Ever!



October 18, 2020

Epistle-Апостол :Galatians 1:11-19

Gospel-Євангелія: Luke 7:11-16

Please Pray for the Sick and Shut-Ins of our Parish: Просимо пам'ятати про хворих нашої парафії:

**We pray in hope that
God's healing power may
touch those parishioners
and children who are sick.**

**We ask Mary for her
intercession in healing
the sick.**

Linda Marak
204-895-8478



Spiritual Communion Prayer

My Jesus

I believe that You are present in the
Most Holy Sacrament

I love You above all things and I
desire to receive You into my soul

Since I cannot at this moment

receive You sacramentally,

Come at least spiritually into my
heart.

I embrace You as if You were
already there and unite myself
wholly to You

Never permit me to be separated
from You.

SUNDAY COLLECTION

НЕДІЛЬНА ТАЦА

October 11, 2020

17 Envelopes - \$1,705

Candel Offering - \$89

Lift Project - \$500

Vigil Lamps - \$5

Memory of Calla Komarnicki - \$50

Дякуємо за вашу щедрість!

Thank you for your generosity!

**Sign up for the debit Program.
Forms are on the website under
"forms", also available in the
narthex**

St. John's Haven Inc. Apartment For rent

**2 bedroom apartment, at
St John's Haven, for a couple 60
years and over. Available
for November 1, 2020.**

Contact Gary at

204-284-2422.

*Please remember
Holy Family Parish
in your will!!*

**MASKS ARE
MANDATORY IN
CHURCH.**

Служби Божи / Divine Liturgies

Day	Date	Time	Intention
Sun	Oct 18	10:00 am	Knights of Columbus Members and their families
Tue	Oct 20	10:00 am	† Kay Furkalo by daughter Merna
Wed	Oct 21	10:00 am	† Souls in Purgatory and deceased ancestors by Hazel Borodey
Thu	Oct 22	10:00 am	Blessings and health for Steven, Coral, Dallas, Dominec and Tyler by Paulette and Leonard Terrick
Fri	Oct 23	10:00 am	No Service
Sun	Oct 25	10:00 am	† Kevin Woroschuk 6 yrs by Mom and Dad & Sister

VIGIL LAMPS

Vigil Lamp offerings are \$5.00 each and are lit for your personal intention for the entire week.

**Divine Liturgy Intentions
2021 Dates now available .
Contact the Parish Office
204-453-4653**

Vigil Lights	Icon of Mary	Icon of Jesus
Oct 18-24	To our Mother of Perpetual Help by Roxanne Warniski and children	God's blessing and health for William & Darlene Woroschuk celebrating their 50th wedding anniversary
Oct 25-31	Speedy recovery from surgery for Barry Storozuk by Darlene, Marv Morgan & Marek by Jeske family	† Edward Rozwood by family

“The environment is changing and so are the viruses.”

Steven Magee

You Need to Think About What You Think About

“Fools will believe anything, but the wise think about what they do.”

Proverbs 14:15

Every behaviour is based on a belief.

If you act scared, it's because you believe scary thoughts at that moment. If you act resentful, it's because you believe you've been devalued, and so you're going to defend yourself. If you're acting prideful, it may be because you believe you're not good enough, so you're trying to compensate by being boastful.



If there is a behavior in your life you don't like, go to the source and change the thought behind it. God says in Haggai 1:5, “Carefully consider your ways!” (GW).

Ask yourself: Why do I act that way with this person? Why do I act this way at work or school? Why do I act this way with certain neighbors? What thought triggered that response? What assumption is behind that action? What belief is beneath that behaviour?

Have you ever been in this kind of conflict with your spouse or significant other: It starts off simple enough—but before you know it, something in the argument triggers your emotions, and you go from zero to 100 in emotional intensity in two seconds? Then you're out of control, upset, nervous, or fearful. You may start sweating, or your voice may rise. Maybe tears start coming down your cheeks.

Something in that moment tapped into an unspoken belief. You may believe the other person is going to leave you. You may believe you haven't been heard. You may believe your idea isn't being given validation and you're not being treated with respect. You believe something that suddenly triggered an emotional response.

If you're ever in a situation like that, you need to ask this question: What am I believing right now? You need to examine the beliefs beneath your behaviour.

To grow in any area of life, examine what's going on in your mind. Start thinking about what you're thinking about so your thoughts can lead to healthy, purposeful action ~Rick Warren

HALLOWEEN



Halloween has its roots in the Catholic Feastday called All Hallows Eve which occurs the day before All Saints Day, November 1st. The Eastern Churches (Catholic and Orthodox) celebrate All Saints Day on the first Sunday after Pentecost. Hallow is an archaic word that came from the old English word, “halgian” which when used as a verb, means to sanctify and when used as a noun, means a holy person or saint. “een” is a contraction of even which means the end of the day, “eve” That is why the

feastday of Halloween is called “All Hallows Eve”

The tradition of dressing in costumes, masks and “trick or treats” evolved from an ancient Celtic New Year’s festival on November 1st called Samhain which marked the end of summer and the beginning of winter. The Celts believed that the spirits of the dead returned to earth on that day. The people dressed in costume representing the souls of the deceased and were given treats.

When the Roman Empire conquered the Celtic lands they introduced their Pre-Christian rituals that blended with the Celtic traditions of celebrating the dead and honouring Pomona, the Roman goddess of fruit and trees. The symbol for Pomona was the apple which explains the tradition of bobbing for apples on Halloween. Superstitions, sorcery, fortune telling were all part of these Pre-Christian celebrations.

Although Halloween originated as a Catholic Feastday of All Saints, the Eve of All Saints Day has become a secular event mainly for children and November 1st remains a holyday with the celebration of Mass in most Roman Catholic Churches.

Today the practice of going “trick or treating” is just a yearly fun loving activity for the children on October 31st to see how much candy/treats they can collect without paying any attention to its pagan rituals or to its original religious celebration of Halloween (Eve of All Saints).

Sacrament of Confession for Holy Family Grade 2 Catechism Students

On Saturday, October 24th Holy Family will be honouring our Grade two catechism students who will be receiving the Sacrament of Confession for the first time. Because of COVID-19, we were unable to celebrate this important event in their life in the usual manner. Due to attendance restrictions on Sundays, we will be holding this celebration on Saturday to allow the students' family members and godparents to attend.

First confession for the 5 students will be at 10:00 am followed by Divine Liturgy. There will be no reception but the recipients will be presented with gifts from the Parish Pastoral Council, the Knights of Columbus and the Ukrainian Catholic Women's League in celebration of their First Confession and Solemn Holy Communion.

We offer our prayers and congratulations to the following Grade two class and our thanks to their catechism teacher Leanna Obirek for her instruction in preparing the children during this unprecedented time;

Arianna Antonick

Olivia Bourgeois

Olivia Chalupka

Maxim Grzenda

Elena Khatuntcova

God Bless you and your family and may you love one another as God loves each one of us each day. May your Guardian Angel be always with you, to guide you and protect you each day of your life.

Sacrament Match-Up

Six of the seven sacraments are pictured below. Draw lines to match the sacrament name with the picture that best tell about them



Holy Anointing



Holy Orders (Ordained as priest)



Christmation (Confirmation)



Baptism



Marriage (Holy Matrimony)



Holy Eucharist (Communion)

What sacrament is missing?

When Your Phone Becomes Your Idol

“Martha, Martha,’ the Lord answered, ‘you are worried and upset about many things, but few things are needed - or indeed only one. Mary has chosen what is better, and it will not be taken away from her.’”

Luke 10:41-42

Do you own your phone, or does it own you?

If you’ve taken a really useful tool and made it the most valuable thing in your life, then your phone has become your god. If you’ve allowed your phone to distract you from what is most important, then it has become your idol. The tool has become the master.

Jesus once visited the home of his friends Martha and Mary, the sisters of Lazarus. While Martha busily prepared for the meal and played the part of a good hostess, her sister Mary sat at Jesus’ feet and listened to his teaching.

Martha got frustrated and said to Jesus, *“Lord, don’t you care that my sister has left me to do the work by myself? Tell her to help me!”* (Luke 10:40).

“Martha, Martha,’ the Lord answered, ‘you are worried and upset about many things, but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her’” (Luke 10:41-42).

The Bible says that Martha was distracted by her preparations, which kept her from the most important thing: being with Jesus.

Often, in the moment, you may think you’re focused on the right thing—returning that text, making that call, checking that status, answering that message. But if something keeps you from the most important thing, then it’s taken over your life.

You need to sit at Jesus’ feet every day of your life. It’s called a quiet time. You sit quietly and pray and read the Bible and let God speak to you through his Word. You confess and ask God for what you need and praise him for who he is. It’s the most important part of your day because it affects everything else in your day. It determines how much you get to know God and grow as a follower of Jesus”

When you have to choose between having a quiet time or scrolling through your phone, which will it be? If you’re like the average person, you spend three hours and 15 minutes on your phone each day. How much time do you spend in God’s Word?

Don’t let yourself get distracted. You have control over how you spend your time. Choose to spend it on what matters most.

~Rick Warren